

MARY SIAH RECREATION CENTER

Fall Pool Schedule 2011

August 22 - December 18

459-1082

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
Water Walking 8:00-8:45a	Water Walking 8:00-8:45a	Water Walking 8:00-8:45a	Water Walking 8:00-8:45a	Water Walking 8:00-8:45a	Water Walking 8:00-8:45a	
Senior Fitness 9:00-9:45a	Aquacise 8:50-9:50a	Senior Fitness 9:00-9:45a	Aquacise 8:50-9:50a	Senior Fitness 9:00-9:45a	Aquacise 8:50-9:50a	Conditioning (Lap) Swim 8:00 - 9:15a
Family Swim/ Deep water ex. 10:00-10:45a	Child Lessons 10:00-11:15a	Family Swim/ Deep Water Ex 10:00-10:45a	Child Lessons 10:00-11:15a	Family Swim/ Deep Water Ex. 10:00-10:45a	Child Lessons 10:00-12:30p	
Conditioning (LAP) Swim						
11:00-12:45p	11:30-12:45p	11:00 - 12:45p	11:30 - 12:45p	11:00 - 12:45p		OPEN SWIM 9:30-11:45a
Aquacise 1:00 - 2:00p	Adult Swim 1:00-3:15p	Aquacise 1:00 - 2:00p	Group Swim 1:00-1:45p	Aquacise 1:00 - 2:00p	Conditioning Swim 12:45-2:00p	
Adult Swim 2:15 - 3:45p	Child Lessons 3:30-5:00p	Adult Swim 2:15-3:45p	Adult Swim 2:00-3:15p	Adult Swim 2:15 - 3:45p	OPEN SWIM 2:15-3:45p	Beginning 9/11
OPEN SWIM 4:00-4:45p		OPEN SWIM 4:00 - 4:45 p	Child Lessons 3:30-5:00p	OPEN SWIM 4:00 - 4:45p		
Conditioning (LAP) Swim 5:00-6:15p	Conditioning (LAP) Swim 5:00 - 6:15p	Conditioning (LAP) Swim 5:00 - 6:15p	Conditioning (LAP) Swim 5:00 - 6:15p	Conditioning (LAP) Swim 5:00 - 6:15p		
OPEN SWIM 6:30 - 8:45p	Adult Lessons 5:30-6:30p	OPEN SWIM 6:30 - 8:45p	Adult Lessons 5:30-6:30p	OPEN SWIM 6:30 - 8:45p		
	OPEN SWIM 6:30 - 8:45p		Adaptive Rec 6:30 - 8:45p			
Sauna, Jacuzzi & pool are CLOSED to the general public during shaded times.						
Facility Fee Schedule		EACH	10 SWIM	3 MONTH	1/2 YEAR	
	0 - 3 Years	0.00	0.00	0.00	0.00	
	Child (ages 4-11)	2.50	20.00	50.00	85.00	
	Youth (ages 12-17)	3.50	30.00	60.00	100.00	
	Adult (ages 18-59)	4.00	35.00	80.00	150.00	
	Senior (60 & over)	1.50	11.00	30.00	55.00	
	ADA ID Card	1.00	9.00	30.00	55.00	
	Family Nucleus	9.00	80.00	150.00	300.00	
Showers	3.25					
	Aquacise/Sr. Fitness	5.50	Seniors - 2.00		1 Month - 55.00	
BUILDING HOURS		HOLIDAY CLOSURES				
Mon. - Fri. 8:00 am- 9:00 pm		September 5- Labor Day				MEETING ROOMS WEIGHT ROOM AND SHOWERS AVAILABLE DURING BUILDING HOURS
Saturday 8:00 am - 4:00 pm		October 18- Alaska Day				
Sunday 8:00 am - 12:00 pm		November 11- Veteran's Day				
		November 24 & 25- Thanksgiving				
		December 24 & 25- Christmas				