



January 20, 2012

Dear Instructor Candidate:

The Fairbanks North Star Borough Aquatics Division will be conducting a Water Safety Instructor course. This course consists of a pre-course screening, FIT training, 7 classroom sessions and 8 in the water teaching sessions. **You must call 459-1098 to preregister before Monday, April 2.**

Prescreening-Hamme Pool	Wednesday	April 4 6:00p
Class room sessions At Mary Siah	Saturdays	April 14- May 12 8:30a- 3:30p
	Sundays	April 22 & 29 12:30-3:30p
Teaching Sessions- Hamme Pool	Mondays/Wednesdays	April 16-May 9 5:00 – 7:00p

The schedule may be modified or adjusted depending on participant knowledge.

Instructor: Marggie Rogge  
Facility: Mary Siah Recreation Center  
Cost: \$200.00

Required texts: Will be provided upon completion of prescreening requirements

- Fundamentals of Instructor Training
- Water Safety Instructor's Manual
- Swimming and Water Safety Manual
- Water Safety Today Handbook
- Two Learn to Swim Participant Booklets

**To be eligible to take the Water Safety Instructor course, prospective candidates must-**

1. Be at least 16 years old on or before the final scheduled session of this course.
2. Successful completion of Fundamentals of Instructor Training. We are offering this class within in WSI session for those needing this certification.
3. Swim the following strokes consistent with Stroke Performance Charts, Level IV:
  - Front Crawl – 25 yards
  - Back Crawl – 25 yards
  - Breaststroke – 25 yards
  - Elementary Backstroke – 25 yards
  - Sidestroke – 25 yards
  - Butterfly – 15 yards
  - Maintain position on back for 1 minute in deep water (floating or sculling)
  - Tread water for 1 minute

The purpose of this course is to train you to teach courses in the Swimming and Water Safety program by developing your understanding of how to use the course material, how to conduct training sessions and how to evaluate participant's progress. Please note that the Water Safety Instructor Course is not designed to teach you the required strokes. If you have questions regarding your participation in this course, please contact the instructor at 459-1082. **You must attend all sessions to be eligible to take the written test.**

Sincerely,

Marggie Rogge  
Instructor Trainer  
mrogge@co.fairbanks.ak.us