

# MARY SIAH RECREATION CENTER

Winter/Spring 2012

January 9 - May 20

459-1082

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY		
Water Walking 8:00-8:45a	Water Walking 8:00-8:45a	Water Walking 8:00-8:45a	Water Walking 8:00-8:45a	Water Walking 8:00-8:45a	Water Walking 8:00-8:45a			
Senior Fitness 9:00-9:45a	<b>Aquacise</b> 8:50-9:50a	Senior Fitness 9:00-9:45a	<b>Aquacise</b> 8:50-9:50a	Senior Fitness 9:00-9:45a	<b>Aquacise</b> 8:50-9:50a	Conditioning (Lap) Swim 8:00 - 9:15a		
Family Swim/ Deep water ex. 10:00-10:45a	<b>Child</b> <b>Lessons</b> 10:00-11:15a	Family Swim/ Deep Water Ex 10:00-10:45a	<b>Child</b> <b>Lessons</b> 10:00-11:15a	Family Swim/ Deep Water Ex. 10:00-10:45a	<b>Child</b> <b>Lessons</b> 10:00 12:30p			
<b>Conditioning (LAP) Swim</b>						OPEN SWIM 9:30-11:45a		
11:00-12:45p	11:30-12:45p	11:00 - 12:45p	11:30 - 12:45p	11:00 - 12:45p	12:45-2:00p			
<b>Aquacise</b> 1:00 - 2:00p	Adult Swim 1:00-3:15p	<b>Aquacise</b> 1:00 - 2:00p	Group Swim 1:00-1:45p	<b>Aquacise</b> 1:00 - 2:00p	Conditioning Swim			
Adult Swim 2:15 - 3:45p	<b>Child</b> <b>Lessons</b> 3:30-5:00p	Adult Swim 2:15-3:45p	Adult Swim 2:00-3:15p	Adult Swim 2:15 - 3:45p	OPEN SWIM 2:15-3:45p			
OPEN SWIM 4:00-4:45p		OPEN SWIM 4:00 - 4:45 p	<b>Child</b> <b>Lessons</b> 3:30-5:00p	OPEN SWIM 4:00 - 4:45p				
Conditioning (LAP) Swim 5:00-6:15p	Conditioning (LAP) Swim 5:00 - 6:15p	Conditioning (LAP) Swim 5:00 - 6:15p	Conditioning (LAP) Swim 5:00 - 6:15p	Conditioning (LAP) Swim 5:00 - 6:15p				
OPEN SWIM 6:30 - 8:45p	Adult Lessons 5:30-6:30p	OPEN SWIM 6:30 - 8:45p	Adult Lessons 5:30-6:30p	OPEN SWIM 6:30 - 8:45p				
	OPEN SWIM 6:30 - 8:45p		<b>Adaptive Rec</b> 6:30 - 8:45p					
<b>Sauna, Jacuzzi &amp; pool are CLOSED to the general public during shaded times.</b>								
<b>Facility Fee Schedule</b>	EACH		10 SWIM		3 MONTH		1/2 YEAR	
	0 - 3 Years		0.00		0.00		0.00	
	Child (ages 4-11)		2.50		20.00		50.00	
	Youth (ages 12-17)		3.50		30.00		60.00	
	Adult (ages 18-59)		4.00		35.00		80.00	
	Senior (60 & over)		1.50		11.00		30.00	
	ADA ID Card		1.00		9.00		30.00	
	Family Nucleus		9.00		80.00		150.00	
	Showers		3.25					
Aquacise/Sr. Fitness		5.50		Seniors - 2.00		1 Month - 55.00		
<b>BUILDING HOURS</b>		<b>HOLIDAY CLOSURES</b>				MEETING ROOMS WEIGHT ROOM AND SHOWERS AVAILABLE DURING BUILDING HOURS		
Mon. - Fri. 8:00 am - 9:15 pm		January 16- Martin Luther King, Jr. Day						
Saturday 8:00 am - 4:15 pm		February 20- President's Day						
Sunday 8:00 am - 12:15 pm								